

PADONA Summer Symposium on Quality Education Session and Educator Overview

July 12, 2023

1) Maintaining Resident Safety and Preventing Accidents

- Overview of federal regulation F689 Accident Hazards/Supervision/Assistive Devices
- Discussion of avoidable vs. unavoidable resident accidents
- Review of how supervision and assistive devices assist in maintaining resident safety

Presenter: Sophie Campbell, MSN, RN, CRRN, RAC-CT, CNDLTC is the Executive Director of Educational Programming and Services for PADONA. Sophie has greater than 35 years experience in healthcare with most of the focus being as a nurse and in long-term care. Sophie has experience in operations in many positions as well as many years as a clinical and operations consultant nationally.

Support Organization: PADONA is the Pennsylvania Association of Directors of Nursing Administration with greater than 35 years serving nurse leaders and administrators in Pennsylvania long term care facilities. The mission is to support nurse leaders and administrators through education and information.

2) Care Planning as a Driving Force Toward Quality Resident Care

- Review of comprehensive care plan requirements
- Outline systems for ensuring interdisciplinary collaboration in the care planning
- Discuss communication of the care plan goals and interventions with the team members to ensure implementation for quality resident care

Presenter: Michele Conner, RN, BSN, RAC-CT Clinical Consultant

Michele brings more than 20 years of experience in many positions in post-acute. Over the course of her skilled nursing positions, she also served as a Lead Registered Nurse Assessment Coordinator (RNAC). With her many years of experience with facility-based management, Michele assumed the position as a Clinical Reimbursement Specialist/Clinical Service Specialist with oversight of multiple skilled nursing facilities and personal care homes in western Pennsylvania. Michele has been with Affinity Health Services, Inc. of Indiana, PA since January 2020, performing services for nursing and clinical reimbursement.

Support Organization: Affinity Health Services, Inc. has been serving senior living providers for over 25 years, providing advisory, consulting and management services. Affinity customizes its service plan based on the unique needs of each customer, providing responsible support in balancing resident care and financial profitability. Affinity provides revenue cycle management, operational support, financial advisory, regulatory and clinical support, marketing and referral development and directed in-service training.

3) Medication Management

- Identify candidates for deprescribing and the most common tools used for deprescribing
- Identify high risk medications and how to improve quality of life through reduction, discontinuation or replacement of high risk medications

- Review GDR requirements, how to manage GDRs and how to utilize your team to maximize GDR results

Presenter: Anastasia Sidor, PharmD, BCGP Clinical Pharmacist Director - Brockie Pharmatech received her Doctor of Pharmacy degree from the University of Pittsburgh and achieved the designation of Board-Certified Geriatric Pharmacist in 2017. She has practiced geriatric pharmacy at Brockie Pharmatech for 12 years, where she currently serves as the Consultant Pharmacist Director. In addition to serving as a preceptor for her alma mater, she is Adjunct Faculty at Harrisburg Area Community College where she teaches the pharmacy module of the Nursing Home Administrator course. She is passionate about achieving optimal medication use through safe and effective medication management while assisting SNFs to meet regulatory requirements.

Support Organization: Brockie Pharmatech is a family-owned long-term care pharmacy. They built their business by surpassing the expectations of staff, residents and families over the last 39 years. Brockie's growth has been fueled by a dedicated team of geriatric specialists and LTC trained professionals that remain on the cutting edge of both clinical and regulatory issues. As an independent pharmacy with 5 locations over PA and MD, they can customize offerings to meet your needs while still offering competitive pricing. "Always at your service!"

4) Pulmonary Care Assessments

- Observation, Examination, Auscultation, Patient History
- Vitals, Arterial Blood Gases, Chest Xray, Pulmonary Function Tests, Oxygen Saturation Rest and Activity
- Respiratory Care treatments

Presenter: Tonna Berenstein, LPN, RT is a graduate of respiratory therapy from York College of Pennsylvania with thirty plus years of experience. She has worked in the following care areas: acute care, homecare, long term acute care, emergency department, rehabilitation and with her LPN license in nursing home facilities. Tonna currently works with the VA's, Nursing Facilities and homecare providing care and education in these settings.

Support Organization: Columbia Ancillary Services, in business since 1991, is a Joint Commission Accredited, family-owned business that provides: Respiratory Services, Oxygen and supplies, Bi-C-PAPS, Ventilators, Trach compressors and trach cleaning supplies, Nebulizers, Beds, Specialty Mattresses, Negative Pressure Wound Therapy and other DME to Nursing Homes, VA's and other entities spanning 4 States. CAS focuses on providing **quality, cost-effective** products and specializes on providing **Exceptional Customer Service and Education**, from both our professional team of Respiratory Therapists and Nurses to our Technical Staff and Drivers.

5) Restorative Nursing Programs and Quality Care

- Outline of requirements for a comprehensive resident focused program
- Review of the restorative programs and potential tasks
- Identify residents for RNP and required documentation

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6) Incontinence Management - Caring for Residents Living with Incontinence: How Applying Person Centered Continence Care Leads to Better Outcomes

- Learn how applying person centered continence care principles helps to improve more favorable clinical and social outcomes for residents living with incontinence.
- Learn ways to improve continence for residents
- Learn how incontinence affects every department within a long-term care community.

Presenter: Deanna Vigliotta has an extensive 30-year healthcare sales and sales management background. Deanna is the National Sales Manager for Seni, a premium brand of adult incontinence products. She and her Seni teammates are on a quest to shift mindset in the USA from adult incontinence products being viewed as a disposable commodity to high performing incontinence products being viewed as a critical component to the continuum of care.

Support Organization: Seni brand is a premium line of incontinence products that falls under the Poland-based TZMO Group umbrella. Since 1951, **TZMO** has been a leading European manufacturer and supplier of sanitary articles, cosmetics, and medical devices to the world market. Seni products are fully breathable, super absorbent, have inner leak guards, and are made of soft materials for comfort. Seni products improve the quality of life for people living with incontinence, allowing them to enjoy everyday life activities with confidence.

July 13, 2023

7) Fall Management: Minimizing the Risk for Your Resident

- Discuss ways to identify the potential risks that our residents face every day
- Review how to minimize these risks for falls
- Discuss actions that can be taken, not necessarily to prevent the fall, but to minimize the risk of serious injury related to the fall.

Presenters: Lori Jamison, RN, NHA is a Registered Nurse and Licensed Nursing Home Administrator. She began her career in long-term care as a nursing assistant. She worked in long-term care for over 35 years and served in many capacities including Director of Nursing, Nursing Home Administrator, Executive Director and Regional Clinical Services Consultant. Lori is currently the Vice President of Clinical Services for CHR Consulting Services, Inc. In this role, she is responsible for policy review, monitoring outcome data of care delivery, interactions with the Regional Clinical Specialists and clinical staff for ongoing survey readiness, service delivery and system support to campuses.

William Darrall, RN is a Registered Nurse with 19 years of long-term care experience in nursing. William began his career in long term care as a Physical Therapist Assistant 8 years prior to completing his nursing education. William has worked in many capacities in long term care nursing including RN supervisor, unit manager, ADON, DON and clinical consultant. In his role as Regional Clinical Specialist William interacts with facility nursing staff for ongoing survey readiness, system management and regulatory compliance.

Support Organization: CHR Consulting Services, Inc. brings over 30 years of experience, expertise, resources to support services to senior care and community-based organizations and provides an array of adaptive consulting and support services to senior care and community-based organizations.

Our consultants are trained to help team members and patients find fulfillment and satisfaction in post-acute and long-term care, value quality of life for your treasured customers and are passionate to help individuals thrive in the cities they call home.

8) Pressure Injury Prevention and Management

- Define process to identify risk and implement strategies to mitigate the risk
- Understand required components for comprehensive wound assessment and documentation
- Explain and identify differences in wound tissue types and wound staging
- Explain the correlation and impact of pressure injury prevention, wound assessment and documentation on the MDS and performance measures

Presenter: Angela Huffman, RN, WCC is the Vice President of Clinical Services for Affinity Health Services, Inc. with greater than 30 years' experience in healthcare and long-term care. She began her career as a Quality Assurance State Surveyor for the Pennsylvania Department of Health. Subsequent to the State Survey position, Angela served as both an Assistant Director and Director of Nursing for two skilled nursing facilities. After a short time in a primary care center, Angela returned to long-term care and gained over 20 years' experience as a Clinical Services Consultant and Compliance Field Investigator for a large for-profit chain. As the Compliance Investigator she served a region of 68 long-term care facilities spanning 8 states. Prior to joining Affinity, Angela's most recent position was as a specialized paralegal, conducting comprehensive medical record reviews and analysis for defense counsel.

Angela is a registered nurse and holds certifications in Healthcare Compliance, Wound Care Certification thru the National Alliance of Wound Care and Ostomy, completed Certificate of Training in Infection Prevention in the long-term care setting and most recently earned a certificate in Elder Law and Chronic Care from the Mitchell Hamline School of Law

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9) Trauma Informed Care – Beyond the Basics

- Describe what is meant by a trauma-informed approach to care and list the key principles and essential components of a trauma-informed approach
- Describe techniques supervisors can utilize to address trauma and secondary trauma in employees
- List 3 assessment/screening tools providers can utilize to screen for potential trauma in residents

Presenter: Dr. Kathleen Weissberg, MS, OTD, OTR/L, CMDCP, CDP, CFPS – National Director of Education (MS in OT, 1993; Doctoral 2014) in her 29+ years of practice, has worked in rehabilitation and long-term care as an executive, researcher and educator. She has established numerous programs in nursing facilities; authored peer-reviewed publications on topics such as low vision, dementia quality care, and wellness; has spoken at numerous conferences both nationally and internationally, for 20+ State Health Care Associations, and for 25+ state LeadingAge affiliates. She provides continuing education support to over 17,000 therapists, nurses, and administrators nationwide as National Director of Education for Select Rehabilitation. She is a Certified Dementia Care Practitioner, Certified Montessori Dementia Care Practitioner and a Certified Fall Prevention Specialist. She serves as the Region 1 Director for the American Occupational Therapy Association Political Affairs Affiliates and is an adjunct professor at Duquesne University in Pittsburgh, PA and Gannon University in Erie, PA.

Support Organization: Select Rehabilitation is a contract rehabilitation therapy provider, in addition to clinical, regulatory, reimbursement and technology expertise. Founded in 1998, Select Rehabilitation is the largest provider of contract rehabilitation and consulting services in the U.S. Our privately held company employs over 21,000 clinicians across 3,000 sites in 46 states and Washington D.C. We're proud sponsors of American Health Care Association, LeadingAge, and Argentum, as well as members of 75 state associations.

10) SBAR Use to Ensure Quality Resident Care

- Define SBAR as an easy-to-use framework for communication
- Explain how to use SBAR effectively, and
- Provide an example of the SBAR tool being used.

Presenter: Katherine Anderson, MPH, MBA, CIC, HEM is an infection preventionist at ECRI where she provides infection prevention consults to a variety of patient populations. She has experience leading infection prevention programs for rehabilitation and acute-care facilities. Katherine has been certified in infection control (CIC) since 2019.

Support Organization: ECRI is an independent, nonprofit organization working to improve the safety, quality, and cost-effectiveness of care across all healthcare settings worldwide. ECRI helps advance patient safety via a total systems approach, and our products and services help the healthcare community to improve quality, reduce cost, and achieve better outcomes across all care settings.

