

RESOURCES FOR INFECTION PREVENTIONISTS IN
Long-term Care Settings





About APIC

The Association for Professionals in Infection Control and Epidemiology (APIC) is the leading professional association for infection preventionists (IPs) with more than 15,000 members. Our mission is to advance the science and practice of infection prevention and control. APIC advances its mission through patient safety, education, implementation science, competencies and certification, advocacy, and data standardization. Visit us at apic.org.



About AAPACN

The American Association of Post-Acute Care Nursing (AAPACN®) represents more than 20,000 post-acute care nurses and professionals working in more than 7,200 facilities. Dedicated to supporting post-acute care nurses and healthcare professionals in providing quality care, AAPACN offers members best in-class education, certification, resources, and strong collaborative communities.

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This tool was designed to provide Infection Prevention and Control resources to Infection Preventionists in Long-Term Care settings. These resources can be utilized to develop site-specific policies, plans, and procedures within the Long-Term Care setting.

Disclaimer: Assess and consider state and federal requirements along with the resources below.

GLOSSARY OF ACRONYMS

Acronym	Definition
AAPACN	American Association of Post-Acute Care Nursing
ANA	American Nurses Association
APIC	Association for Professionals in Infection Control and Epidemiology
ASHE	American Society for Health Care Engineering
BBP	Bloodborne Pathogens
CDC	Centers for Disease Control and Prevention
CMS	Centers for Medicare and Medicaid Services
CORHA	Council for Outbreak Response: Healthcare-Associated Infections & Antibiotic-Resistant Pathogens
DOH	Department of Health
EBP	Enhanced Barrier Precautions
EPA	Environmental Protection Agency
FAQ	Frequently Asked Questions
HAI	Healthcare-Associated Infections
HCP	Healthcare Personnel
ICAR	Infection Control Assessment and Response
ICRA	Infection Control Risk Assessment
IP	Infection Preventionist
IPC	Infection Prevention and Control
LLD	Low-level Disinfection
LTC	Long-Term Care
MDRO	Multidrug-Resistant Organism
NACCHO	National Association of County Health Officials
NIOSH	National Institute for Occupational Safety and Health
OSHA	Occupational Safety and Health Administration
PPE	Personal Protective Equipment

RESOURCES FOR INFECTION PREVENTIONISTS IN LONG-TERM CARE SETTINGS

Topic	Resource Name	Source	Brief Description
IPC Program Plan and Risk Assessment	State Operations Manual	CMS	A guide used by regulatory surveyors to assess LTC facilities' compliance with federal IPC regulations.
	LTC Facility Assessment Tool	CMS	A tool that includes best practices and regulatory requirements to help LTC IPs identify IPC practice gaps.
	Non-Acute Care IPC Checklist	The Joint Commission	A checklist to ensure all necessary elements of an IPC plan are in place and functioning effectively in non-acute care settings.
	ICAR Tool for General IPC Across Settings	CDC	An IPC risk assessment template to identify and evaluate IPC risks in LTC settings and prioritize IPC resources.
	NACCHO Local Health Department IPC Toolkit	NACCHO & APIC Consulting Services	A tool of IPC resources developed for local health departments to use when assessing and assisting LTC IPC programs.
Safe Injection Practices	Safe Injection Practices to Prevent Transmission of Infections to Patients	CDC	Guidelines to prevent the transmission of infections when providing injections to patients.
	Injection Safety Resources for Providers	CDC	Resources and tools to reduce the risk of infections through safe injections practices.
	Preventing Unsafe Injection Practices	CDC	Recommendations to prevent the transmission of infections when providing injections to patients.
Standard, Transmission-Based, and Enhanced Barrier Precautions	Standard Precautions for All Patient Care	CDC	Standard Precaution recommendations for all patient care.
	Transmission-Based Precautions	CDC	Transmission-Based Precaution recommendations for patients who may be infected or colonized with certain infections
	Summary of Recommendations	CDC	A summary of recommendations describing when and how to isolate patients to prevent the transmission of infections.
	Appendix A: Type and Duration of Precautions Recommended for Selected Infections and Conditions	CDC	Guidance on the types and durations of precautions required for certain infectious organisms and conditions.
	Appendix A: Table 2. Clinical Syndromes or Conditions Warranting Empiric Transmission-Based Precautions in Addition to Standard Precautions	CDC	Guidelines for applying precautions based on clinical syndromes or conditions before a confirmed infection or condition is diagnosed.
	Implementation of EBP to Prevent Spread of MDROs	CDC	Recommendations for implementing EBP in LTC facilities to prevent the spread of MDROs among residents.
	FAQs About EBP	CDC	Frequently asked questions and answers about EBP in LTC settings.
	EBP Pre-Implementation Tool	CDC	A tool for IPs to use to assess EBP compliance practices before implementation.
	EBP Post-Implementation Tool	CDC	A tool for IPs to use to assess EBP compliance practices after implementation.

Topic	Resource Name	Source	Brief Description
HAI Surveillance	LTC Surveillance Component	CDC	Guidance for conducting HAI surveillance in the LTC setting.
	Healthcare-Associated Infections	CDC	Resources outlining the management of HAIs including guidelines and recommendations, prevention strategies, and innovative research.
Hand Hygiene	About Hand Hygiene for Patients in Healthcare Settings	CDC	CDC hand hygiene guidelines for healthcare facilities.
	Hand Hygiene	APIC	A hand hygiene resource page for IPs.
	Hand Hygiene Competency Tool	AAPACN	This tool can assist leaders documenting the competence of this skill.
Personal Protective Equipment	Healthcare Respiratory Protection Resources	CDC/NIOSH	Resources to create an effective and comprehensive respiratory protection program.
	Respiratory Protection Standard	OSHA	Regulatory requirements to ensure HCP protection from respiratory hazards, including airborne infections.
	Step by Step Donning and Doffing Instructions	CDC	An infographic illustrating step-by-step instructions for safe donning and doffing of PPE to prevent contamination.
	Personal Protective Equipment Donning and Doffing Competency Tool	AAPACN	This tool can assist an observer in documenting that healthcare personnel know how to don and doff PPE.
Environmental Services	Selected EPA-Registered Disinfectants	EPA	A list of EPA approved disinfectants for use in healthcare settings to eliminate specific pathogens.
	Core Components of Environmental Cleaning and Disinfection	CDC	Key practices to effectively clean LLD surfaces in healthcare settings to prevent the spread of infections.
	Environmental Infection Control Guidelines	CDC	Guidelines on environmental cleaning and infection control in healthcare settings to prevent the transmission of infection.
	Disinfection and Sterilization Guideline	CDC	Guidelines on the proper methods for cleaning, disinfection, and sterilization of medical devices to prevent the transmission of infections.
	How to Read a Disinfectant Label	CDC	An infographic describing how to read a disinfectant label to ensure safe and effective use.

Topic	Resource Name	Source	Brief Description
Environment of Care	ICRA 2.0 Tool	ASHE	The ASHE 2.0 ICRA tool to permit construction and renovation activities to safely occur in healthcare settings.
	Environmental Infection Control Guidelines	CDC	Recommendations for environmental infection control in healthcare facilities.
	Legionella Toolkit	CDC	A toolkit to assist in the development and implementation of a water management program to reduce a building's risk for growing and spreading <i>Legionella</i> .
	Defining Presumptive and Possible HAI Legionnaires' Disease	CDC	Definitions of presumptive and possible healthcare-associated Legionnaires' Disease and exposures.
	Environment of Care- APIC	APIC	A resource page for IPs on the Environment of Care in healthcare settings.
Occupational Health	Bloodborne Pathogens Standards	OSHA	Mandatory standards to protect HCP from diseases transmitted through BBPs and other potentially infectious materials.
	Healthcare Standards	OSHA	General OSHA healthcare standards to create a safe workplace for employees.
	Influenza Vaccination Laws for State LTC Facilities	CDC	A resource describing LTC influenza vaccination laws for patients and HCP often mandated by state statutes or regulations.
	Management of Potentially Infectious Exposures and Illnesses	CDC	Recommendations for the management of potentially infectious exposures and illnesses in HCP.
Antimicrobial Stewardship	Minnesota Antimicrobial Stewardship Program Resources for LTC Facilities	Minnesota Department of Public Health	A comprehensive toolkit for antimicrobial stewardship programs in LTC facilities.
	Core Elements of Antibiotic Stewardship for LTC	CDC	Resources for nursing homes to develop and expand antimicrobial stewardship activities.
	Antibiotic Stewardship For Nurses	ANA	An antimicrobial stewardship resource page for nurses.
Emergency Preparedness	LTC Emergency Preparedness	Minnesota Department of Health	Tools and resources for emergency preparedness planning in LTC facilities.
Sepsis	Caring for Patients with Sepsis	CDC	Resources and tools to care for patients with sepsis.
High Level Disinfection/ Sterilization	Disinfection and Sterilization Guideline	CDC	Recommendations for disinfection and sterilization in healthcare facilities.
Outbreak Investigation	Guidance for Outbreaks	CORHA	A guide to detect, investigate, and control healthcare infectious disease outbreaks.
	HAI Outbreak Investigations Toolkit HAIs CDC	CDC	Resources to systematically collect data as part of an HAI outbreak investigation.

Note: This document is inclusive of essential resources, but is by no means exhaustive. Please email crpi@apic.org for additions to this list.



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