

August 2020**COVID-19 Resident Room Terminal Cleaning and Disinfection Checklist**

This checklist may be used as a tool for completing the terminal cleaning and disinfection of a resident's room, where COVID-19 was suspected or confirmed. A terminal cleaning is a thorough cleaning and disinfection of a room to eliminate environmental contamination between resident occupancy and after resident transfers.

Date: _____ Unit: _____ Room #: _____ Staff initials: _____

Preparation and Setup

Before entering the resident room:

- Prepare equipment and load cleaning cart with all supplies needed (e.g., disposable fresh cloths, disposable mop heads, various solutions).
- Identify the appropriate personal protective equipment (PPE): National Institute for Occupational Safety and Health (NIOSH) approved N95 particulate filtering face piece respirator (preferred) or surgical face mask (acceptable); eye protection; gloves; and gown.
- Perform hand hygiene using hand sanitizer.
- Put on disposable or clean isolation gown based on correct size.
- Put on respirator or surgical mask to protect both mouth and nose.
- Put on single-use or reprocessed face shield or goggles, ensuring respirator or surgical mask does not interfere with correct positioning of eye protection.
- Put on gloves, ensuring they cover the wrists of the gown.
- Leave the cleaning cart outside the resident room.
- Enter the resident room.

Cleaning Room Procedures

- Survey the room, straighten furnishings, and pick up loose debris.
- Empty and line waste containers.
- Remove soiled linen, including towels and washcloths. Do not shake soiled laundry.
- Work from clean to soiled areas and from high to low areas of the room.
- Use properly labeled containers that dispense liquid. (Do not use spray-nozzle dispensers to minimize aerosol generation.) Apply detergent/disinfectant to surfaces and/or to cleaning cloths.
- If disinfection solution is in a bucket, do not 'double-dip' cloths back into cleaning solution once they have been used.
- Change the cleaning cloths when they are no longer saturated with disinfectant.

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- Follow product label instructions and adhere to recommended contact times to ensure proper disinfection of all surfaces.

Working from clean to soiled areas and from high to low areas of the room, use disposable microfiber cloths and wipe:

- Door frame, door panels, and door knobs
 - Walls (spot clean)
 - Vents and returns
 - Window and window sill
 - Cabinet vertical and horizontal surfaces, doors, and door handles
 - Chair seating surfaces, bumpers, chair arms and legs
 - Headboard, bed railings, footboard, supporting bed frame, and mattress
 - Bedside table top surfaces, drawers, handle, legs, and wheels
 - Sink and counter top
 - Call bell, television remote, telephone, light switches, and other high touch areas
- Vacuum carpets with a HEPA-filtered vacuum.
- Dust mop hard floors with a disposable microfiber mop, beginning in the far corner of the room.
- Damp mop floor with a disposable microfiber mop.
- Dispose of used cloths and mops in a facility-approved container.

Bathroom Cleaning Procedures

- Survey the bathroom and pick up loose debris.
- Empty and line waste containers.

Working from clean to soiled areas and from high to low areas of the bathroom, use disposable microfiber cloths and wipe:

- Door frame, door panels, and door knobs
- Walls (spot clean)
- Vents and returns
- Window and window sill
- Cabinet vertical and horizontal surfaces, doors, and door handles
- Sink area, sink basin, faucet, and handles
- Counter top

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- Railings, handles, light switch, and call bell
- Toilet, including flushing handle and toilet seat

Wrapping Up

Before leaving resident room, take off PPE in the following order, ensuring it is disposed of in a facility-approved lined PPE trash container inside the resident room:

- Remove gloves to ensure hands do not become contaminated.
- Remove gown, place in trash, if disposable, or if not, place into a bag for reprocessing.
- Remove face shield or goggles (Pull straps up and away from head. Do not touch front of face shield or goggles. Place in trash or into bag for reprocessing.)
- Remove respirator or surgical mask. (Do not touch the front of respirator or surgical mask.)
- Perform hand hygiene using soap and water, hand sanitizer, and put on a new pair of gloves.
- Exit room and remove lined bag of used PPE and place with other trash.
- Remove gloves and place in trash.
- Perform hand hygiene using hand sanitizer and put on new gloves.
- Wipe down cleaning cart. Clean all tools and equipment and return them to the cart.
- Remove gloves and place in trash.
- Perform hand hygiene using hand sanitizer and put on new gloves.
- Supervisor inspects room and completes quality audit via direct or indirect observation, residual bioburden (environmental cultures), and/or environmental marking tools.

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References

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