



PADONA /LTCN

Pennsylvania Association of
Directors of Nursing Administration

DEDICATED TO SERVICE
COMMITTED TO CARING

JULY 2017



PADONA ENews

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Dear PADONA Members:

I hope all of you had a Happy July 4th with the opportunity to not only celebrate this significant holiday but to sit back and enjoy some time with family and friends.

As the summer is very quickly approaching fall, PADONA has been busy planning for our 30th annual convention being held April 4-6, 2018. The convention committee under the leadership of Linda Chamberlain have not only selected a theme, but have chosen speakers and topics as well. I believe you will be unquestionably pleased with the subject matter which is an amalgamation of both managerial and clinical themes. Once again at the suggestion of attendees we are tweaking the schedule to offer an additional session, minimally shorten lunch break times, and also start the evening receptions earlier to give more free time in the evenings to relax and network with your colleagues or maybe visit the captivating Hotel Hershey Spa.

The Board of Directors has accepted the resignation of Chris Zimmer, Area I representative. We wish Chris and his family a successful transition as they are relocating to Texas. Chris's resignation creates an opening on our board. Area I primary members should have received an email outlining the process to see if anyone is interested in being appointed to fill the position.

The education committee being chaired by Candace McMullen has opted to tweak the certification course. This includes changing the name of the course to ***PADONA's LTC Leadership Development Program***. PADONA believes this more accurately reflects the course content. If you have not had the opportunity to attend this course in the past, I am confident you will find it invaluable. There is more information available in this edition of our E-News, and you will soon receive an email with a detailed outline. I would be remiss if I didn't say that this course would not be as successful and meaningful as it is without the accomplished and knowledgeable skills of our presenters, Candace McMullen and Sophie Campbell. PADONA sincerely thanks both of these dedicated individuals for their ongoing support.

Enjoy the rest of the summer and remember if I may be of any assistance to you, please do not hesitate to contact me at (610) 847-5396 or spiscator@padona.com

Chair, Board of Directors / Executive Director
PADONA





HOT WEATHER SAFETY TIPS

From: Pennsylvania Department of Health

Extreme heat happens when temperatures are much hotter and/or there is more humidity than normal. The following tips and links will help you and your loved ones stay safe during dangerous heat waves.

- Stay indoors in air conditioning as much as possible.
- Drink plenty of water during the day – don't wait until you are thirsty!
- Outdoor workers should drink between two and four cups of water every hour while working.
- Avoid drinks with caffeine, alcohol or large amounts of sugar.
- Limit your outdoor activity to mornings and evenings and rest often in the shade.
- Wear light-colored and loose fitting clothing, a hat, sunglasses and an SPF15 or higher sunscreen.
- Check on those who may be more at risk from high temperatures like:
 - Infants and young children
 - People aged 65 or older
 - People with chronic medical conditions
- Never leave your children or pets in a vehicle.
- Know the following symptoms of heat stroke, a life-threatening, heat-related illness:
 - An extremely high body temperature (above 103°F)
 - Red, hot and dry skin (no sweating)
 - Rapid, strong pulse
 - Throbbing headache
 - Dizziness
 - Nausea
 - Confusion
 - Unconsciousness
- If you think someone has heat stroke:
 - Call for emergency medical attention
 - Get the victim to a shady area
 - Cool the person rapidly (put them in a tub of cool water, place them in a cool shower, spray them with a garden hose, sponge them with cool water, etc.)
 - Do not give the victim any fluids (like water) to drink
- Know the symptoms of heat exhaustion:
 - Heavy sweating
 - Paleness (skin is a lighter color than normal)
 - Muscle cramps
 - Tiredness
 - Weakness
 - Dizziness
 - Headache
 - Nausea or vomiting
 - Fainting



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- Help the victim cool off and seek medical attention if:
 - Symptoms are severe
 - Symptoms last more than one hour
 - The victim has heart problems or high blood pressure

During extremely hot weather, “cooling stations” may be opened across Pennsylvania for individuals without air conditioning. To find out if there are cooling stations in your area, please contact the appropriate agency below.

Pennsylvania’s 52 Area Agencies on Aging (AAA)

Allegheny County Health Department

412-578-8026

Allentown Bureau of Health

610-437-7760

Bethlehem Health Bureau

610-865-7087

Bucks County Department of Health

215-345-3318

Chester County Health Department

610-344-6225

Erie County Department of Health

814-451-6700

Montgomery County Health Department

610-278-5117

Philadelphia Department of Public Health

215-686-5000

Wilkes-Barre City Health Department

570-208-4268

York City Bureau of Health

717-849-2252/2299

To learn more about staying safe during extremely hot weather,
visit: <http://emergency.cdc.gov/disasters/extremeheat/>

Quality Insights

Quality Insights, the Quality Improvement organization for Pennsylvania, is very pleased to share with you that 536 PA nursing homes have agreed to participate in our National Nursing Home Quality Care Collaborative as of March 31, 2017. The Collaborative began in April 2017 and will continue through September 2018. We are looking forward to working with those nursing professionals who are part of the Collaborative as we continue our mutual journey to improve the Quality of Life for those we serve.



Regulatory Spotlight: "Q and A"

Question #1 submitted to PADONA:

I have a question in regards to Lippincott Procedures – my company uses the online Lippincott for our clinical procedures. When DOH is in a facility and ask for a clinical policy we give them what is in Lippincott. DOH is telling us that we must have facility specific policies and cannot use Lippincott. We though Lippincott was a clinical standard and as long as we had a policy stating we use and reference Lippincott as our clinical standards of practice it was fine. Any thoughts?

Answer question #1 is as follows:

They can use Lippincott, but according to CMS, they're aren't supposed to be handing us a Lippincott manual that is not individualized for each building.

Question #2 submitted to PADONA:

Can you provide clarification regarding counting Administrative personnel (like the DON) when the DON may need to work on the "floor" to assist because someone may have called out?

Is it accurate that the DON and other Administrative personnel cannot count in PBJ hours until that person has fulfilled their hours in their primary role (DON).

Answer question #2 is as follows:

Refer to link re PBJ Reporting

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/Downloads/PBJ-Policy-Manual-FAQ-4-27-16.pdf>

Welcome New Members!

- Jason Barrett - Reliant Care Solutions - Area III
- Nancy Davis - Masonic Village at Seqickley - Area I
- Allison Dougherty - Reading Health Rehabilitation Hospital - Area III
- Rebekah Lingenfelter - Nurse Rosie Products by Life Systems, Inc. - Area II

**Only 10 Spots Left for Exhibitors at the April 4 to 6, 2018
PADONA 30th Annual Convention - Make Reservations Today!
Convention held at Hotel Hershey from April 4 through 6, 2018**

2018 Exhibitor Space Contract
2018 Break Exhibitor Space Contract





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PADONA's LTC Leadership Development Program

October 10-13, 2017

Crowne Plaza Reading Hotel, 1741 Paper Mill Road, Wyomissing, PA 19610

This 4-day program provides an opportunity to learn best practices from experienced nurse leaders and management experts.

This program will build on the practical and critical thinking leadership skills necessary to effectively manage a nursing department. This is a very interactive program that enables attendees to brainstorm ideas, network with colleagues and develop alternative solutions and strategies to enhance resident care and improve fiscal outcomes in your nursing facility.

Additionally, those attending may qualify for the American Society for Long Term Care Nurses (ASLTCN) Director of Nursing Certification Exam online. This is a unique opportunity for you to become certified and utilize the initials "**CNDLTC**." The certification exam application will be available online for completion. Certification candidates must: have an active RN license, be a member of PADONA or the ASLTCN; have at least 12 months experience in Nursing Administration in long term care (six months as a DON or ADON) and have a certificate of completion from the PADONA four-day LTC Leadership Development Program. After review and approval of your qualifications you will be sent an email and a link to log in to take the exam (passing score of at least 80%). If not passed the first time, there will be a \$100 fee for the opportunity to retake the exam.

Nurses in long term care who are seeking certification are, in effect, making a definitive statement that they see their responsibilities as being vital to meeting the prescribed and desired care of the residents who reside in today's long term care facilities. By becoming a **CNDLTC**, your peers and staff will respect you for your advancement, achievement, betterment and development!

This program is for PADONA members only. Your registration fee (\$760) includes up to 22.0 program CE contact hours, conference material, breaks, breakfast and lunch

[Registration Form](#)

[Payment Link](#)